



PERFORMANCE TRAINING CAMPS - BOOKING FORM

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Tel \_\_\_\_\_

E mail \_\_\_\_\_

Please tick which camp you wish to attend

Monday August 6<sup>th</sup>                      Performance Training Rugby                     

Tuesday August 7<sup>th</sup>                      Performance Training Football                     

Wednesday August 8<sup>th</sup>                      Performance Training Hockey                     

Thursday August 9<sup>th</sup>                      Performance Training Netball                     

Friday August 10<sup>th</sup>                      Performance Training Golf                     

All camps will run from 9.00 to 3.30, and will be based at the Powys Sports Academy at Coleg Powys in Brecon. Participating athletes will need to download and sign a consent and medical form prior to participating. The cost of each day is £30, and payment is required prior to the camp.

Cheques should be made out to All-Pro Performance, and returned to the address below.